# Allison M. Hingst Elo

Shasta Orthopaedics & Sports Medicine, Inc. 1255 Liberty Street, Redding, CA 96001 (530) 246-2467

#### **EXPERIENCE**

Shasta Orthopaedics & Sports Medicine, Inc.

2022 - Present

Shasta Family YMCA, Certified Aqua Fitness Instructor

December 2019 - Present

**THG Sports**, Corporate Sports Sales Executive

June 2014 - Fall 2014

**Defender Mouthguards**, Regional Distributor

March 2014 - Fall 2014

**1st Advantage Physical Therapy,** Vice President of Business Development & Athletic Trainer

Summer 2006 - Fall 2013

## **EDUCATION**

**Capella University** — PhD Instructional Design

Expected 2023

**Drake University** — *Master of Arts in Teaching* 

May 2001

**Valparaiso University** — Bachelor of Science in Physical Ed.

May 1999

## **CERTIFICATIONS**

- California Teaching Certification
- National Athletic Trainers' Association Board of Certification
- State of Illinois Athletic Training License
- American Red Cross: CPR for the Professional Rescuer,
  Community CPR, First Aid-Responding to Emergencies
- Project Lead The Way (PLTW)
- American Sports & Fitness Association: Aqua Fitness Instructor

#### **MEMBERSHIPS**

National Athletic Trainers' Association

Great Lakes Athletic Trainers' Association

Middle America Athletic Trainers' Association

## **HONORS**

Phi Epsilon Kappa

Physical Education Student Advisory Council

Kappa Delta Pi

Dean's List