

# Garret L. Strand, DPM

Foot & Ankle Surgeon

## EXPERIENCE

### Shasta Orthopaedics & Sports Medicine, Inc.

2020 - PRESENT

Dr. Strand is Board Qualified in both foot and reconstructive rearfoot/ankle surgery by the American College of Foot and Ankle Surgeons.

## EDUCATION

### Wheaton Franciscan St. Joseph, Milwaukee, WI — PMSR/RRA 36 Month Residency Program, Foot & RRA Surgery

2017 - 2020

### University of Missouri, Columbia, MI — Orthopedic Trauma Rotation

February 2019

### Rosalind Franklin University, North Chicago, IL — Podiatric Medicine

2013 - 2017

### Rosalind Franklin University, North Chicago, IL — RFUMS

2013 - 2017

## CERTIFICATIONS

American Board of Foot and Ankle Surgery Foot Surgery  
CBPS & Didactic

American Board of Foot and Ankle Surgery RRA Surgery CBPS  
& Didactic

National Board of Podiatric Medical Examiners — Parts: I, II,  
III

BLS/ACLS Certificate — Current

## RESEARCH

Open Treatment of Ankle Joint  
Synovial Chondromatosis: A  
Report of 2 Cases. Brian  
Schenavar, DPM, Garret Strand,  
DPM, Thomas Paulick, DPM,  
FACFAS

Custom Total Talus Replacement  
as a Salvage Option for Failed  
Total Ankle Arthroplasty – A  
Prospective Case Report. Garret  
Strand, DPM, Christopher Juels,  
DPM, AACFAS, Jason Nowak,  
DPM, FAFAS

Successful Treatment of  
Ballooning Osteolysis After Total  
Ankle Replacement. Annie Stroze,  
DPM, Brian Schenavar, DPM,  
Garret Strand, DPM, Daniel W.  
Guehlstorf, MD.

Peroneus Brevis  
Musculocutaneous Rotational  
Flap for Treatment in a Diabetic  
Charcot Neuroarthropathic  
Patient: A Case Study. Brian  
Schenavar DPM, Garret Strand  
DPM, Jeffrey Hall DPM, Brian  
Fischer DPM.

Ellenbogen A, Rice A, Vyas P.  
Retrospective comparison of the  
Low Risk Ankle Rules and the  
Ottawa

Ankle Rules in a pediatric  
population. American Journal of  
Emergency Medicine. 2017 Sept  
01; 35(9), 1262-1265

Brorsson A, Willy R, Tranberg R,  
Grävare Silbernagel K. Heel-Rise  
Height Deficit 1 Year After

Achilles Tendon Rupture Relates  
to Changes in Ankle  
Biomechanics 6 Years After  
Injury. American Journal Of  
Sports Medicine. November  
2017;45(13):3060-3068.