Diagnostic Injection Procedure Instructions

Your injection has been scheduled at ShastaOrtho Spine Institute at 1255 Liberty Street Redding, CA.

**Procedure Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** **Arrival: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

*Your appointed injection date/time may be subject to change due to unforeseen scheduling issues. If this should occur someone from our office will call you. If you are not available to take the call they will leave a message with your authorized representative or on your voice messaging system.*

Your follow up appointment has been scheduled at ShastaOrtho Spine Institute at 1255 Liberty Street, Redding CA.

**Follow-up Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** **Time: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Pre-Procedure Instructions**

Do not eat or drink anything 2 hours prior to your injection. This includes water, chewing gum and breath mints.

If you need to take medication other than those stated below (i.e., blood pressure medication) you may take with a sip of water.

Blood thinners (i.e., Coumadin, Plavix, Warfarin) need to be stopped 7 days prior to your injection. Please do not stop taking your blood thinners without first consulting your primary care provider.

Non-steroidal anti-inflammatory medications (NSAIDs) such as Advil, Motrin, and Filene need to be stopped 5 days prior to your injection.

**SOMEONE MUST BE AVAILABLE TO DRIVE YOU HOME AFTER THE PROCEDURE**

Your procedure will be canceled and rescheduled if you do not have a driver.

Please notify our office within 2 business days if you need to cancel your procedure. You will be charged a $150.00 cancellation fee if notification is not received within 2 business days of your scheduled procedure. Please call Shasta Orthopaedics & Sports Medicine at (530) 246-2467 if you have any questions or if you need to cancel or reschedule your follow up appointment.

Shasta Orthopaedics & Sports Medicine has received authorization from your insurance company for your injection. This is not a guarantee of payment and all charges are subject to medical review.