

FORREST R. MONROE, M.D.

Shasta Orthopaedics and Sports Medicine
1255 Liberty Street
Redding, CA 96001
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HIGHLIGHTS

- Board certified in both Anesthesiology and Pain Management
- Training in one of the highest volume fellowships in the country. Experience with advanced interventional procedures including spinal cord stimulation, intrathecal pumps, ultrasound and fluoroscopy-guided injections and nerve blocks, and minimally invasive procedures for spinal stenosis.

EXPERIENCE AND EDUCATION

- Multidisciplinary Pain Management Fellowship – University of Kansas Health System, July 2017-June 2018
- Anesthesiology Residency – University of Kansas Health System, July 2013-June 2017
- M.D. – University of Colorado School of Medicine, May 2013
- B.A., Psychology – University of California, Berkeley, May 2008

SELECTED PUBLICATIONS AND PRESENTATIONS

- Sayed, D., Monroe, F., Orr, W., Phadnis, M., Khan, T., Braun, E., Manion, S., Nicol, A. (2018) Retrospective Analysis of Intrathecal Drug Delivery: Outcomes, Efficacy, and Risk for Cancer-Related Pain at a High Volume Academic Medical Center. *Neuromodulation* 21(7) 660-663
- Monroe, F. (2015). Opioid-Induced Hyperalgesia: a rationale for multi-modal acute pain management. Grand Rounds presentation, Kansas City, KS.
- Sayed, D., Monroe, F., Nicol, A., Khan, T., Braun, E., Manion, S., Peters, S. (2015). Intrathecal drug delivery systems for cancer pain: Retrospective review at a single high-volume center Oral Presentation. Presented at: North American Neuromodulation Society; Las Vegas, NV.
- Sahli, F., Monroe, F., Staab, J., Manion, S. (2013). The Interdisciplinary Management of Complex Regional Pain Syndrome. In Khan, T. (Ed.), *Techniques in Regional Anesthesia and Pain Management* (pp. 168-173). Kansas City: Elsevier.

OTHER ACTIVITIES AND AWARDS

- University of Kansas Resident Council Vice President for Patient Safety and Quality – July 2016-June 2017
- University of Kansas Epic EMR Resident Superuser, August 2013-June 2017
- University of Kansas Resident Council Vice President – July 2015-June 2016
- Institute for Healthcare Improvement (IHI) Open School Basic Certificate in Quality Improvement and Patient Safety