

Alice E. Brayshaw, M.A., PA-C
1255 Liberty Street
Redding, CA 96001
530-246-2467

EXPERIENCE

2021- Present Shasta Orthopaedics
1255 Liberty Street
Redding, CA 96001

Physician Assistant supporting a complete team of orthopaedic surgeons.

2015- 2021 Dignity Health – Mercy Medical Center Redding
2175 Rosaline Ave
Redding, CA 96001

Physician Assistant hospitalist for the orthopedic service. Responsible for all elective and non-elective non-trauma orthopedic patients post op.

2010- Present Pulse Urgent Care Center
100 E Cypress Ave
Redding, CA 96002

Physician Assistant in an urgent care center. Responsible for all aspects of triage, patient care and decision-making. Per Diem

2016 – 2018 Vituity Hospitalist Services
2100 Powell St Suite 900
Emeryville, CA 94608

Physician Assistant at Mercy Medical Center Redding in a hospitalist role. Responsibilities include admission of patients into the hospital from the Emergency Department, on-going, episodic care of the patient during the evening and night hours, triaging and rapid response to and for the patients on our service. Per Diem

- 2007 – 2015 Shasta Ortho Spine Institute
1255 Liberty St
Redding, CA 96001
- Clinical Coordinator/Physician Assistant for a large orthopedic/spine practice that specializes in surgical and non-surgical treatment of back and neck disorders. Responsible for pre- and post-op visits, new and returning patient visits, back-up first assist in the OR, patient referrals, and supervision of clinical staff.
- 2005 – 2007 Kimberly A. Page, MD
1950 Rosaline Ave
Redding, CA 96001
- Physician Assistant for neurosurgeon in solo practice. Responsible for pre- and post-op visits, new and returning patient visits, hospital rounds, responding to trauma calls, clinic triage, and first assist in the OR.
- 2003 – 2005 Sound Urological Associates
21822 76th Ave W
Edmonds, WA 98026
- Physician Assistant for a urological group of 3 physicians, specializing in erectile dysfunction, female incontinence, urological oncology, as well as general urology. Responsible for same day visits, ER follow-ups, telephone triage, surgical follow up, surgical assisting, regular patient visits and follow-ups. Also responsible for research projects, supervision of back office medical staff, and office medical procedures.
- 2003 – 2005 Stevens Memorial Hospital
Edmonds, WA 98026
Hospitalist, Internal Medicine
- Weekend relief work on a hospitalist team. Team was responsible for the inpatient, internal medicine care of patients assigned to the team, direct admits, ER admits, and patients without referring physicians. Per Diem.
- 2000 – 2003 Emergency Department Technician
Evergreen Hospital Medical Center
Kirkland, WA 98034

Responsible for patient vitals, wound preps and dressing, splinting and casting, patient transport, blood draws and stocking. Assist physicians with procedures; provide support for "fast track" and assist triage with room assignments. Also responsible for ordering department supplies and responding with the code team.

1999 – 2000

Patient Manager
Cardiac Health Center
Evergreen Hospital Medical Center
Kirkland WA, 98034

Responsibilities included day-to-day implementation and follow up care management for a patient load in the Cardiac Rehabilitation/Risk Factor Management program. Taught classes for outpatients on risk factor management, lifestyle modification, exercise program implementation and supervision, and emotional management.

1990 – 1999

Supervisor and Program manager

Cardiac Reconditioning and Wellness Programs
Mercy Healthcare Sacramento
Sacramento, CA 98117

Responsible for all areas of the cardiac rehab and wellness programs on multiple campuses, including program development, budget, personnel, clinical standards, emergency procedures and program marketing. Developed programs for cardiac rehab, lipid management, CHF treatment, and angina. Worked with Respiratory Therapy to develop rehab programs for COPD, lung transplants, and other chronically ill respiratory patients.

1986 – 1990

Assistant Professor
Pacific Union College
Angwin, CA 94508

Instructor in health, Physical Education and Exercise Physiology courses at a 4-year, liberal arts college. Academic advisor and student activities sponsor.

EDUCATION

2003

Bachelor of Science, MEDEX Northwest Physician Assistant Program
University of Washington School of Medicine
4311 11th Avenue NE, Suite 200
Seattle, WA 98105

- 1992 American Sign Language Interpretation Certificate Program
American River College
Sacramento, CA 95841
- 1987 Master of Arts, Exercise Physiology
San Diego State University
San Diego, CA 92182
- 1982 Bachelors of Science, Physical Education, Biology
Pacific Union College
Angwin, CA 94508

PROFESSIONAL MEMBERSHIPS

- California Academy of Physician Assistants
- American Academy of Physician Assistants

RESEARCH

“The Effects of Exercise When Prescribed Above and Below the Ventilatory Threshold.”
Master’s Thesis. San Diego State University, San Diego, CA .

“The Effects of Regular, Prolonged Exercise on Preteen, Obese Males.” San Diego
State University, San Diego, CA.

“BCG vs BCG Plus Intron for Superficial Bladder Cancer” Ongoing study. PI: Donald
L. Lamm MD Mayo Clinic Scottsdale, AZ.

“Comparison of URP Values pre and Postoperative Pubovaginal Sling Using TVT-O”
Ongoing Study. PI: Douglas Grier, MD Sound Urological Associates, Edmonds, WA.

“A Clinical Evaluation of the GYNECARE TVT Obturator System for Treatment of Stress
Urinary Incontinence.” PI: Douglas Grier, MD Sponsored by Ethicon, a Johnson &
Johnson Company, Somerville, NJ.

“Battery Powered Bion: Clinical Investigation for the Chronic Treatment of Refractory
Urinary Urge Incontinence.” Study sponsored by Advanced Bionics, Valencia, CA.

SPECIAL PROJECT

2017 – 2019

Active Bone Center
Mercy Medical Center, Redding
2175 Rosaline Ave
Redding, CA 96001

Started a fracture liaison treatment center for those patients identified with osteopenia and osteoporosis. Multidisciplinary program with physician directorship, RN involvement, Physical Therapy component as well as one-on-one teaching and prescription of medication.

AWARDS & SCHOLARSHIPS

- Cardiac Rehabilitation Specialist of the Year, Northern California Region, 1998
- President, Class 36 MEDEX Northwest Physician Assistant Program
- Leadership Award and Scholarship, American Association of Physician Assistants, 2002

SPECIAL SKILLS

- Fluent in American Sign Language
- Excellent computer skills.
- Proficient with Aprima, EclinicalWorks, and Cerner EHR
- Proficient with multiple orthopedic joint and muscular injections.
- Excellent suturing skills, both traumatic and surgical.
- Surgical first assist skills.