

# **SAMANTHA WATERS**

## **EDUCATION**

### **Pacific University**

Physician Assistant Program, Hillsboro, OR  
*Masters in Physician Assistant Studies, 2016*

### **University of California, Los Angeles**

*Bachelor of Science, Psychobiology, 2012*

## **WORK EXPERIENCE**

### **Orthopedic Physician Assistant** 2016 – 2021 Shasta Ortho | Redding, CA

- Diagnose and treat general orthopedic injuries, manage pre and postoperative care
- Perform ultrasound-guided joint injections, joint aspirations, PRP harvest and injection, and cast/splint application

### **Orthopedic Physician Assistant** 2016 – 2021 Webster Orthopedics | San Ramon, CA

- Diagnose and treat general orthopedic injuries, manage pre and postoperative care, complete inpatient hospital rounds
- Perform ultrasound-guided joint injections, joint aspirations, PRP harvest and injection, and cast/splint application
- Act as surgical first-assist in joint arthroscopy, ligament reconstruction, tendon repair, ORIF, and total joint arthroplasty. Duties include regional anesthesia, arthroscope use, hardware removal, deep and superficial tissue closures, graft tendon preparation, and wound management

### **Orthopedic Urgent Care Physician Assistant** 2018 – 2019 Webster Orthopedics | Oakland, CA

- Worked independently at urgent care on weekends
- Treated acute injuries including muscle strains, joint swelling, fractures, and work injuries
- Managed wound care, surgical dressings, and other postoperative complications

### **Primary Care Scribe** 2013 – 2014 Shasta Community Health | Redding, CA

- Scribe for family medicine physician at non-profit primary and urgent care clinic
- Transcribed H&Ps, ordered diagnostic labs and images, ordered referrals
- Assisted on HOPE van to provide health care services to homeless

### **Physical Therapy Aide** 2012 – 2014 Shasta Orthopedics | Redding, CA

- Educated and motivated patients during rehab exercise program at outpatient PT clinic
- Administered ultrasound, electricity stimulation, UV light
- Custom molded splinting, home exercise program design, ergonomic evaluation

## **CLINICAL ROTATIONS** (2015 – 2016)

### **Community Medicine**

Benh Vien Quan Thu Duc Hospital | Ho Chi Minh City, Vietnam

- Worked in oncology, internal medicine, obstetrics & gynecology, and general surgery
- Managed tropical and community diseases such as Dengue fever, tuberculosis, and malaria
- Assisted with newborn deliveries via vaginal birth and cesarean section
- Performed Pap smears, fine needle aspirations, breast exams, and thyroid exams

- Overcame significant language barriers with patients by relying on observation, non-verbal communication, and physical exam skills

### ***Emergency Medicine***

Tuality Community Hospital | Hillsboro, OR

- Level II emergency room and urgent care track with patients of multiple ethnicities and ages
- Diagnosed and treated common emergency medicine conditions such as MI, stroke, abdominal pain, syncope, dyspnea, MVA, and back pain
- Performed digital blocks, dental blocks, joint effusions, and incision & drainage
- Refined knowledge in interpreting ultrasound, CT, MRI, CXR, and EKG

### ***Family Medicine***

Rinehart Clinic | Wheeler, OR

- Primary and urgent care medicine in rural, underserved community (FQHC)
- Managed long-term care of diabetic, hypertension, COPD, and chronic pain
- Performed annual exams including Pap smears, breast exams, and prostate exams
- Performed IV line insertions, trigger point injections, suturing, foot/nail care, diabetic foot exams, ear lavages, cryotherapy, shave and punch skin biopsies, cyst removal

### ***Inpatient***

Salem Hospital | Salem, OR

- Assisted with admission, H&P exams, progress notes, and discharge planning
- Saw patients in cardiac, neurology, orthopedic, ICU, and telemetry units
- Evaluated ECGs, chest x-rays, abdominal films, head CTs, ECHOs, ultrasounds, angiograms
- Monitored and treated changes in electrolytes, liver function, renal function
- Observed conversations regarding hospice and palliative care

### ***Internal Medicine***

Carmel Clinic | Shelbyville, TN

- Gained experience in paper charting and prescription writing
- Managed therapy for chronic pain and mental health disorders
- Performed and evaluated 12-lead ECG and aorta scans
- Treated developmentally delayed patients from local group homes

### ***Orthopedic/General Surgery***

Madigan Army Medical Center | Tacoma, WA

- Diagnosed patients in clinic, determined surgery need, initiated non-surgical treatment, and managed post-operative follow-up
- First-assisted many surgical procedures with patient positioning, prepping, suctioning, retracting sites, closing wounds, and splint application
- Performed ultrasound-guided injection therapy of shoulder and hip joints

## **VOLUNTEER EXPERIENCE**

- Community Service Committee Member, Pacific University
- Special Olympics health screenings, Beaverton, OR
- Project Homeless Connect Volunteer, Beaverton, OR
- Mattel Children's Hospital Volunteer, UCLA Medical Center
- Youth softball instructor, Redding, CA

## **CERTIFICATIONS**

- National Certification by NCCPA
- California State Physician Assistant License
- ACLS/BLS

## **PROFESSIONAL MEMBERSHIPS**

- American Academy of Physician Assistants
- Physician Assistants in Orthopedic Surgery

## **AWARDS AND SCHOLARSHIPS**

- Full athletic scholarship, UCLA Softball
- Women in Medicine Scholarship, Shasta Community Health Center
- Sara Hopkins-Powell Endowed Scholarship, Pacific University
- Tom Hansen Pac-12 Medal, top female scholar-athlete at UCLA
- Division I Softball NCAA National Champion
- Division I Softball NCAA All-American
- Top 25 finalist for 2007 USA Softball Player of the Year

## **COMPUTER SKILLS**

- *EPIC, Cerner, and Centricity electronic medical records*
- *Microsoft Word, Excel, PowerPoint*