

Jessica Aston

Mapleton, UT 84664

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(801) 400-6546

Professional Summary

Physician Assistant student expected to graduate in May 2026, with strong clinical training across primary and specialty rotations. Skilled in patient assessment, clinical documentation, and evidence-based care. Collaborative, detail-oriented, and committed to delivering high quality, patient-centered healthcare

Authorized to work in the US for any employer

Work Experience

Physician Assistant Student

Utah Valley University

January 2024 to Present

- Gained experience in Family Medicine, Internal Medicine, Pediatrics, Psychiatry, Orthopedic Trauma Surgery, Women's Health, and Emergency Medicine settings
- Gained familiarity with multiple EMRs, including Athena, iCentra, Meditech, Epic, and NextGen
- Assisted in managing multiple chronic disease conditions in outpatient settings as well as preventative and acute medical services
- Performed physical exam and other procedures including suturing, staples, incision and drainage, ingrown toenail removal, endometrial biopsy, etc.

Athletic Trainer

Advanced Sports and Orthopedics-Lehi, UT

June 2021 to December 2023

- Take detailed patient histories and order appropriate x-rays to prepare patients for appointments
- Create, implement, and teach home exercise programs to patients to assist in rehabilitation following injury
- Application of DME, splints, and casts to immobilize fractures and other injuries
- Served as Head Athletic Trainer from March 2022 to December 2023 to oversee and manage staff, conduct hiring interviews, lead training meetings, shift scheduling, etc.
- Coordinated care as Head Athletic Trainer between clinic and Athletic Trainers hired to work at local high schools to improve patient care

Medical Assistant

Alta Pain Physicians-Sandy, UT

May 2020 to June 2021

- Room patients and take vital signs to prepare patients for appointment
- Assist providing physician with injections and other pain management procedures performed using fluoroscopy
- Take patient phone calls and coordinate between patients and physicians to manage patient questions and concerns in a timely manner
- Served as primary contact for Spanish speaking patients and assisted in Spanish interpretation during patient appointments and procedures

Customer Service Representative

BYU Continuing Education-Provo, UT

December 2016 to May 2020

- Direct calls to appropriate individuals and departments
- Assist customers by providing information and resolving their complaints
- Keep record of customer interactions or transactions, recording details of questions, complaints, or comments, as well as actions taken

Education

Master of Physician Assistant Studies

Utah Valley University-Orem, UT

January 2024 to Present

Expected graduation date: May 1, 2026

Current GPA: 3.95

Athletic Training (Bachelor of Science)

Brigham Young University-Provo, UT

September 2014 to April 2020

Skills

EMR systems **Teamwork** **Exceptional communication skills with athletes, supervisors, and parents** **Patient care** **Clinic experience** **OR experience** **Patient assessment** **Medical documentation** **Post-operative care** **Patient interaction** **Knowledgeable in use and maintenance of therapeutic modalities and diagnostic** **Diagnostic evaluation**

Languages

- Spanish - Expert

Certifications and Licenses

Certified Athletic Trainer

May 2020 to January 2028

Licensed Athletic Trainer

September 2020 to May 2027

BLS Certification

March 2025 to March 2027

ACLS Certification

March 2025 to March 2027