

ELIZABETH WEINBERG

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Dedicated and nurturing individual with a wide variety of experience seeking an opportunity to utilize my skills in a leadership role.

EXPERIENCE

08/2022 – Present

AllThrive 365 (formerly Foundation for Senior Living), Phoenix, AZ – *Registered Nurse, Adult Daycare and previously Home Health*

- Provides individualized patient care through detailed assessment, treatment delivery, monitoring, documentation, record review and maintenance, and compliance management
- Duties include medication administration, wound care, and urinary catheter care. Previous duties included tracheostomy and ventilator care as well as tube feeding and care
- Coordinates care for individuals with various diagnoses including TBI, developmental disabilities, and Alzheimer's; engages in creative and compassionate problem solving
- Provides training to ancillary staff and delegates appropriate duties
- Reliably identifies gaps in processes and works with management and staff to improve execution of said processes (eg. Played an instrumental role in revision of nursing policies and procedures)
- Leads holistic practices such as yoga and guided meditation; delivers health talks on various topics

06/2018 – Present

Self Employed, Phoenix, AZ – *Personal Development Coach, in person and online*

- Guides and encourages clients towards increased self-accountability and autonomy in the management of various life circumstances
- Offers various methodologies to aid clients in cultivating meaningful lifestyle shifts, including mindfulness, pattern awareness, and thoughtful self-inquiry
- Seamlessly adjusts approach and customizes communication style to serve varying client needs

03/2017 – 12/2018

Ageless Energetics Medspa, Boca Raton, FL – *Medical Aesthetics Coordinator, Family Nurse Practitioner*

- Performed various medical and aesthetic procedures including neurotoxin and filler administration, microneedling (manual and RF), PRP, and sclerotherapy
- Assisted clients in the process of choosing aligned services; guided clients through the regulation of uncomfortable sensations during treatment; provided ongoing individualized evaluation and support; prescribed medications as indicated
- Harmoniously coordinated care in tandem with medspa team members and medical staff
- Led marketing efforts through execution of promotional emails and social media account management

10/2013 – 12/2016

Ideal Image Medspa, Boca Raton, FL – *Treatment Provider, Family Nurse Practitioner*

- Provided assessment, treatment, and follow-up for various aesthetic procedures; prescribed medications as indicated
- Procedures performed included laser hair removal with Candela lasers, neurotoxin and filler administration, Kybella, Ultherapy, Coolsculpting, and Picosure laser tattoo removal
- Established a soothing environment and extended grounding techniques to clients during highly sensational elective procedures
- Collaborated with medspa team members and medical staff to ensure a seamless client experience

04/2009 – 12/2013

Broward Health Medical Center, Fort Lauderdale FL - *Registered Nurse, Emergency Department*

- Supportively counseled and treated patients presenting with a wide variety of medical maladies during challenging circumstances
- Facilitated greater patient awareness of treatment options to aid in making informed healthcare decisions
- Remained calm and professional while effectively collaborating with medical team to provide safe and efficient medical treatment during critical times

01/2009 – 04/2009

St Lucie Medical Center, Port St Lucie, FL - *Travel RN, Med Surg/Telemetry*

09/2008 – 12/2008

Creighton University Medical Center, Omaha, NE - *Travel RN, Med Surg/Telemetry*

06/2007 – 08/2008

Yale New Haven Hospital, New Haven, CT - *Registered Nurse, General Surgery/Urology*

EDUCATION

Florida Atlantic University, Boca Raton, FL - *Master of Science - Family Nurse Practitioner*

University of Connecticut, Storrs, CT - *Bachelor of Science - Nursing*

CERTIFICATIONS

- ANCC Board Certified Family Nurse Practitioner
- Basic Life Support (American Heart Association)
- 200-hour yoga teacher training (2018 and 2025)