

Anthony Schwab, DPM, MS, AACFAS

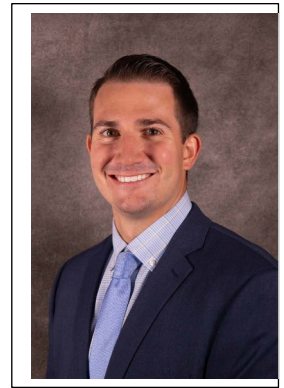
Shasta Orthopaedics & Sports Medicine

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4205 Acadia Place

Redding, CA 96001



CURRENT POSITION:

2026-present	Shasta Orthopaedics and Sports Medicine	Redding, CA
	▪ Board Qualified, Fellowship Trained Foot and Ankle Surgeon	

EDUCATION:

2018-2022	Doctor of Podiatric Medicine Temple University School of Podiatric Medicine <i>Pi Delta National Honor Society</i>	Philadelphia, PA
2016-2017	Master of Biomedical Science Rutgers Robert Wood Johnson Medical School	New Brunswick, NJ
2012-2016	Bachelor of Science, Neuroscience Muhlenberg College 3-year letter winner, Muhlenberg College Football	Allentown, PA
2012-2016	Pittston Area High School Class Valedictorian	Pittston, PA

EMPLOYMENT:

2025-2026	Shasta Orthopaedics and Sports Medicine ▪ Reconstructive Rearfoot and Ankle Surgery Fellow ▪ Focus on hindfoot/ankle reconstruction, trauma, and total ankle replacement ▪ Director-Dr. Garret Strand	Redding, CA
2022-2025	Inova Fairfax Medical Campus ▪ Position: Chief Resident, Foot and Ankle Surgery ▪ Golden Talus, Most Outstanding Resident Award	Fairfax, VA
2017-2018	Rutgers Institute for Translational Medicine and Science ▪ PI: Reynold Panettieri, MD, Vice Chancellor for Translational Medicine	New Brunswick NJ
2009-2012	Commonwealth Health Wilkes-Barre General Hospital ▪ Position: Patient Transporter	Wilkes-Barre, PA

EDITORIAL EXPERIENCE

2026-present	Journal of Orthopaedic Surgery and Research
2026-present	Foot and Ankle Surgery: Techniques, Tips, and Case Reports
2024-present	The Journal of Foot and Ankle Surgery Peer Reviewer
2024-present	Foot and Ankle Specialist-Peer Reviewer

PEER REVIEWED PUBLICATIONS:

Schwab A, Cook H, Ramdass R, Nowak J, Strand G. Association of Component Sizing on Total Ankle Arthroplasty Survivorship. The Journal of Foot and Ankle Surgery. 2026 Sept 12.

Schwab A, Varney R, Derner R. Long term outcomes following a decompressional and plantarflexory osteotomy for hallux rigidus: A radiographical and clinical analysis. The Journal of Foot and Ankle Surgery. 2026 Jun 5.

Schwab A, Strand G. Fluoroscopically Guided Flexible Osteotome Technique with Stepwise Corticotomy for Removal of a Well-Fixed Modular Tibial Stem During Revision Total Ankle Arthroplasty. Foot and Ankle Surgery: Techniques, Reports, and cases. 2026 April 22.

Schwab A, Siegel D, Glessner S, Derner R. Conversion of Failed Ankle Arthrodesis to Total Ankle Arthroplasty Using a Novel Custom Fibula in a Global Pes Cavus Deformity. Foot and Ankle Specialist. 2026 April 7.

Royds M, Rose G, Hammond S, **Schwab A**, Terhune T, Ramdass R. Incidence of Skin and Soft Tissue Infection in Elective Foot and Ankle Surgery Utilizing Iodine- vs Chlorhexidine-Based Surgical Skin Preparation: A Retrospective Study. The Journal of Foot and Ankle Surgery. 2026 March 1.

Rose G, Anjum H, **Schwab A**, Royds, M, Ramdass R. Five Year Follow-up and Patient Reported Outcomes on the Trabecular Metal Total Ankle Arthroplasty System Utilizing a Transfibular Lateral Approach. Foot and Ankle Surgery: Techniques, Reports, and cases. 2026 February 12.

Schwab A, Wireman G, Nowak J, Strand G. Dynamic Syndesmotic Stabilization with Non-Metallic Bio-Integrative Fixation: A Novel Technique Guide. Foot and Ankle Surgery: Techniques, Reports, and cases. 2025 December.

Schwab A, Rose G, Meyr AJ, Ramdass R. Nonunion incidence following differing weightbearing protocols after first metatarsal phalangeal joint arthrodesis: A systematic review. The Journal of Foot and Ankle Surgery. 2025 November 19.

Wireman G, **Schwab A**, Nowak J, Strand G. Approaches to Minimally Invasive Surgery for Treatment of Metatarsus Adductus with Hallux Valgus Correction With Modified Lapidus: A Novel Technique Guide. Foot Ankle Orthop. 2025 Mar 29.

Schwab, A, Creech C. Minimally Invasive Zadek Osteotomy: A Cadaveric Study of Structures at Risk. Foot and Ankle Surgery: Techniques, Reports, and Cases 2025 March 4.

Rose, G, **Schwab, A**, Creech C. A transligamentous approach for lateral osteochondral defect: A case report. Foot and Ankle Surgery: Techniques, Reports, and Cases. 2025 Jan 4.

Schwab A, Siegel D, Creech, C. Minimally Invasive Subtalar Joint and Talonavicular Joint Preparation for Hindfoot Arthrodesis: Structures at Risk. Foot and Ankle Surgery: Techniques, Reports, and Cases. 2024 Jul 7.

Schwab A, McElroy T, Meyr AJ, Ramdass R. Lateral Approach Total Ankle Joint Replacement with Concomitant Rearfoot procedures: A Retrospective short term outcomes study. Foot and Ankle Surgery: Techniques, Reports, and Cases. 2023 November 23.

Xu S, **Schwab A**, Karmacharya N, Cao G, Woo J, Kim N, An SS, Panettieri RA Jr, Jude JA. FFAR1 activation attenuates histamine-induced myosin light chain phosphorylation and cortical tension development in human airway smooth muscle cells. Respir Res. 2020 Nov 30;21(1):317.

Ojiaku CA, Chung E, Parikh V, Williams JK, **Schwab A**, Fuentes AL, Corpuz ML, Lui V, Paek S, Bexiga NM, Narayan S, Nunez FJ, Ahn K, Ostrom RS, An SS, Panettieri RA Jr. Transforming Growth Factor- β 1 Decreases β 2-Agonist-induced Relaxation in Human Airway Smooth Muscle. Am J Respir Cell Mol Biol. 2019 Aug;61(2):209-218.

LECTURES:

- 2026 American College of Foot and Ankle Surgeons Annual Scientific Conference-Oral Manuscript
- Effect of Component Sizing on Total Ankle Arthroplasty Survivorship
 - Modified Lapidus Effect on Hindfoot Alignment with Varying Fixation Techniques
- 2025 STEPS USA-Guest Lecturer-Algorithmic Approach to Total Ankle Arthroplasty
- 2025 American College of Foot and Ankle Surgeons Annual Scientific Conference-Oral Manuscript
- Weightbearing intervals following First Metatarsal Phalangeal Joint Arthrodesis: A Metanalysis
 - Long Term Clinical Outcomes following a Decompressional and Plantarflexory Osteotomy
- 2024 American College of Foot and Ankle Surgeons Annual Scientific Conference-Oral Manuscript
- Lateral Approach Total Ankle Replacement with Concomitant Procedures
- 2022-2025 Inova Fairfax Medical Campus Grand Rounds
- Total Ankle Replacement Revision and Survivorship
 - Cavus Reconstruction
 - Retrocalcaneal Pathology
 - Perioperative Management
 - Pediatric Surgical Management
 - Hallux Limitus/Rigidus
- 2023 Acumed-Metatarsus Adductus
- 2023 Acumed-Compartment Syndrome
- 2023 Virginia Podiatric Medical Association
- Charcot Neuroarthropathy Complications Lecture
- 2023 Podiatry Institute Park City Meeting
- Popliteal Blocks
- 2022 Inova Fairfax Medical Campus Limb Salvage Conference

POSTER PRESENTATIONS:

Schwab, A, Uptegraph G, Seon Lee, Y, Creech C. A case report of overcorrected Cavus foot reconstruction.

-American College of Foot and Ankle Surgeons Annual Scientific Meeting 2025.

Schwab, A, Anjum, H, Hammond, S, Rose, G, Weisel, L, Creech C. A Comparison of Radiation Exposure during Minimally Invasive and Open Hallux Abductovalgus Surgery

-American College of Foot and Ankle Surgeons Annual Scientific Meeting 2025.

Rose, G, Schwab A, Derner, R. Combined arthroeresis with Evans calcaneal osteotomy for selective patients with flatfoot deformity, a retrospective review.

-American College of Foot and Ankle Surgeons Annual Scientific Meeting 2025.

Schwab, A, Hammond S, Ramdass R. Postoperative Incidence of DVT in patients undergoing ambulatory foot and ankle surgery with and without the use of segmental compression devices: a retrospective review

-American College of Foot and Ankle Surgeons Annual Scientific Meeting 2025.

Siegel, D, **Schwab, A**, Uptegraph G, Derner R. Conversion of Failed Ankle Arthrodesis to Total Ankle Arthroplasty Using a Novel Custom Fibula in a Patient with Pes Cavus

-American College of Foot and Ankle Surgeons Annual Scientific Meeting 2025.

Schwab, A, Weisel, L, Creech C. Intramedullary Delivery of Antibiotic Coated Resorbable Calcium Sulfate Delivery to Treat Infectious Hindfoot Charcot Neuroarthropathy .

-American Podiatric Medical Association Annual Conference 2024.

Schwab, A, Dharia J. A Rare Case of Intraarticular Synovial Subtalar Joint Osteochondromatosis.

-American Podiatric Medical Association Annual Conference 2024.

Carr P, **Schwab A**. Complex Surgical treatment in the setting of Charcot Neuroarthropathy.

-American Podiatric Medical Association Annual Conference 2024.

Schwab A, McElroy T, Niktash M, Creech C. Minimally Invasive Zadek Osteotomy: A Cadaveric Case Study of Structures at Risk.

-American College of Foot and Ankle Surgeons Conference 2024.

McElroy T, **Schwab A**, Rose G, Weisel L, Hammond S, Creech C. Partial calcanectomy: a metanalysis of limb salvage.

-American College of Foot and Ankle Surgeons Conference 2024.

Mateen S, Levi J, **Schwab A**, Rathsam A, Siegel D, Tiberi L, Van J. Subtalar joint fusion as the primary fixation method for severe calcaneal fractures: A retrospective study.

-The Goldfarb Foundation 2021 Clinical Conference.

Stawicki CE, Zhang S, Brown AJ, Mojica B, **Schwab A**, Roman S, Cziraky. The Impact of COVID-19 on Foot and Ankle Surgical Practice: A National Survey.

-American College of Foot and Ankle Surgeons National Conference 2021.

Xu S, **Schwab A**, Cao G, Karmacharya N, Panettieri RA Jr, Jude JA. Free Fatty Acid Receptor 1/4 (FFAR1/4) Agonists, GW9508 and TAK875, Attenuate Cell Shortening as Broncho-protectors in Human Airway Smooth Muscle (HASM) Cells.

-Mid-Atlantic Regional Chapter of the Society of Toxicology Annual Meeting, Edison, NJ, October 2019.

Jude, JA, Xu S, **Schwab A**, Cao G, Karmacharya N, Panettieri RA Jr. Free Fatty Acid Receptor 1 (FFAR1) Agonist GW9508 Attenuates Excitation-Contraction Coupling in Human Airway Smooth Muscle (HASM) Cells.

-American Thoracic Society International Conference, Dallas, TX, May 2019.

Xu S, **Schwab A**, Cao G, Karmacharya N, Panettieri RA Jr, Jude JA. Role of FFAR1/4 in excitation-contraction coupling in human airway smooth muscle (HASM) cells.

-Society of Toxicology Meeting, Baltimore, MD, March 2019.

-Mid-Atlantic Regional Chapter of the Society of Toxicology Annual Meeting, Edison, NJ, October 2018.

CONTINUING MEDICAL EDUCATION

2026	Stryker Foot and Ankle Surgery Fellows Course-Charlotte, NC
2026	ACFAS Scientific Conference-Las Vegas, NV
2026	Stryker Incompass Total Ankle Replacement Cadaver Lab-Redding CA, Las Vegas NV
2025	Exactech Vantage Total Ankle Replacement with Dr. James Nunley-Durham, NC
2025	Treace Minimally Invasive Bunion Cadaver Lab-Redding, CA
2025	Exactech Vantage Total Ankle Replacement Certified-Fairfax, VA
2025	Enovis Minimally Invasive bunion-Fairfax, VA
2025	Enovis/DJO Pre Fellows Course-Dallas, TX
2025	Stryker Infinity Cadaver Lab-Washington, DC
2025	ACFAS Scientific Conference-Phoenix, AZ
2024	Arthrex Minimally invasive bunion system, Dual Compression Hindfoot Nail-Columbia, MD
2024	Enovis MIS Course- Washington, D.C
2024	American Podiatric Medical Association Annual Meeting-Washington, DC
2024	ACFAS Foot and Ankle Arthroscopy Skills Course-Chicago, IL
2024	Crossroads Extremity System Cadaver Lab-Winchester, VA
2024	INBONE II, Total Ankle Replacement Certified-Fairfax, VA
2024	Conventus Flower Orthopedics Flexthread Fibular Nail Lab-Falls Church, VA
2024	ACFAS Scientific Conference-Tampa, FL
2023	ACFAS Scientific Conference-Los Angeles, CA
2023	Virginia Podiatric Medical Association Annual Surgical Conference-Virginia Beach, VA
2023	Crossroads Extremity System Cadaver Lab-Virginia Beach, VA
2023	ACFAS Scientific Conference-Austin, TX

SCHOLARSHIPS/ACCOLADES:

2025	Golden Talus Award-Most Outstanding Resident Inova Fairfax Hospital
2022	Michael L. Stone Outstanding Student Award Recipient
2022	Pi Delta National Podiatric Medical Honor Society
2022	Sports Medicine Graduate Award
2022	ABPM Graduate Merit Award
2022	Dr. John Buckholz and Dr. Harold Vogler Scholarship
2022	Kate L. Paine Memorial Scholarship
2022	David C. Novicki, DPM, FACFAS Scholarship
2022	APMA Scholarship
2021	Dr. Roya Mirmiran Family Annual ACFAS Scholarship
2021	BNY Mellon Raymond Harris Scholarship
2021	Hallux Magazine Essay Contest Scholarship Finalist

2020-2021	TUSPM Merit Scholarship
2020-2021	TUSPM Alumni Association Scholarship
2019-2020	Dr. James McNerney Memorial Scholarship
2019-2020	APMA Scholarship
2015-2016	Muhlenberg College Athletics Sportsmanship Award
2014-2016	Muhlenberg College Dean's List
2013-2015	3-Year-Letterwinner, Varsity Football, Muhlenberg College

LEADERSHIP EXPERIENCE:

2023-2024	American College of Foot and Ankle Surgeons Research Committee
2022-2023	Inova Fairfax Hospital RCA Resident committee resident representative
2020-2021	Hallux Magazine-Chief Editor
2020-2021	TUSPM American Academy of Podiatric Sports Medicine Student Chapter- President
2020-2021	TUSPM ACFAS Student Chapter-Treasurer
2020	Principles of Reconstructive Surgery Course-Class Representative
2019-2020	TUSPM American Academy of Podiatric Medicine Student Chapter-President-Elect
2018-2019	TUSPM American Academy of Podiatric Sports Medicine Student Chapter-First Year
Liaison 2018-2019	Biomechanics Course-Class Representative
2018-2019	Biochemistry Course-Class Representative
2015-2016	Muhlenberg College Student Alumni Board
Member 2015-2016	Muhlenberg College Varsity Football Captain

ACTIVITIES:

2020-2022	TUSPM Christian Podiatric Student Association-Member
2019-2022	TUSPM Student Affairs Department-Student Ambassador
2019	TUSPM Department of Anatomy and Cell Biology-Cadaveric Pre-Dissector
2018-2022	TUSPM ACFAS Student Chapter-Member
2018-2022	TUSPM American Academy of Podiatric Sports Medicine Student Chapter-Member
2018-2021	TUSPM Intramural Flag Football Team Captain
2013-2016	Muhlenberg College Neuroscience Department - Research Assistant
2012-2016	Muhlenberg College Athletics-Varsity Football (3 year letter winner)

VOLUNTEER INVOLVEMENT:

2025-present	Operation Footprint-Pediatric Deformity Correction Mission Trip	Tegulcigalpa, Honduras
2022	126 th Boston Marathon Medical Tent	Boston, MA
2021-2022	Temple University COVID-19 Vaccination Clinic	Philadelphia, PA
2018-2020	Susan G. Komen Breast Cancer 3-Day Memorial Walk Medical Tent	Philadelphia, PA
2018-2020	Broad St. Run Medical Tent	Philadelphia, PA
2018-2020	Villanova University Special Olympics Medical Tent	Philadelphia, PA
2018-2019	Dr. Marc Karpo Weight-Lifting Classic Event Coordinator	Philadelphia, PA
2018	Philadelphia Anatomy Society Donor Remembrance Ceremony-Eulogist	Philadelphia, PA
2015-2016	Muhlenberg College Relay for Life	Allentown, PA

EXTRACURRICULAR ACTIVITIES/INTERESTS

- Muhlenberg College Varsity Football, 4-year member
- Races-Las Vegas Hyrox (2026), Marine Corps Marathon (2024, 2023), Philadelphia Love Run Half Marathon (2024), ASICS Falmouth MA Road Race (2020, 2023), St. Lukes Half Marathon (2016)
- Quarterback coaching
- Denver Broncos, New York Yankees, Philadelphia 76ers