

Ana Sofia Palmer, APRN, FNP-BC

EDUCATION

Master of Science in Nursing – Family Nurse Practitioner

Walden University

August 11, 2024

Master of Healthcare Administration

Walden University

October 23, 2016

Bachelor of Science in Nursing

De La Salle University- Health Sciences Campus, Philippines

April 2002

LICENSURES/PROFESSIONAL CERTIFICATION

- | | |
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| • Registered Nurse, California | Expires 01/31/2026 |
| • Nurse Practitioner, California | 11/25/2024 |
| • Nurse Practitioner Furnishing License, California | 11/25/2024 |
| • Family Nurse Practitioner – Board Certified – through ANCC | 11/20/2024 |
| • DEA license | Expires 03/31/2028 |
| • DOT Certified Medical Examiner | 03/10/2025 |

WORK EXPERIENCE AS A NURSE PRACTITIONER

- **Urgent Care Nurse Practitioner – Enloe Prompt Care** 05/05/2025 to present
Management of acutely ill and injured patients of all ages. Refer patients to primary care providers, specialists, or emergency room as appropriate.

NP CLINICAL SKILLS TRAININGS/WORKSHOP ATTENDED

- Completed AANP's Clinical Advantage Bootcamp: Type 2 Diabetes Management Certificate for Nurse Practitioners 08/26/2024
- Family practice NP skills workshop 10/12/2023 – 10/13/2023
Skills On Point - San Francisco, CA
(i.e., wound suturing, punch biopsy, nail trephination, splinting, casting, etc.)
- Prescriber's essentials: ECG interpretation (5.0 hours) 12/9/2024
NP Prescriber's Learning Academy
- Prescriber's essentials: X-ray interpretation (5.0 hours) 12/11/2024
NP Prescriber's Learning Academy

- Core Content in Urgent Care Medicine (62 hours)
Institute of Urgent Care Medicine

In progress

EXPERIENCE AT PRIMARY CARE CLINICS

Shasta Cascade Health Centers

05/29/2024 to 07/24/2024

McCloud, California

Seen patients of all ages in a family practice setting at a federally affiliated health center in a rural community. Had experience in both primary care and urgent care/walk-in visits.

Arti Pediatrics Clinic

02/28/24 to 05/02/2024

Sunnyvale, California

Seen children and adolescents from newborn to 17 years old patients for a well-child visit, health supervision, and sick visits.

Camella Women's Health Clinic

11/28/2023 to 01/18/2024

Carmichael, California and Sacramento, CA

Seen women pregnant (prenatal and postpartum visits) and non-pregnant patients for well woman exam and gynecological issues.

Hayne Kelada, MD Clinic

08/28/2023 to 10/31/2023

Cameron Park, California

Seen adults and older adult patients for annual physical exam and management of acute and chronic health conditions

ACUTE CARE EXPERIENCE

Registered Nurse – Progressive Care Unit

9/9/2024 to 4/22/2025

Mercy Medical Center Redding

Registered Nurse – Emergency Room

Shasta Regional Medical Center – Redding, CA

1/11/2023 to 6/28/2024

Registered Nurse with Relief Charge Nurse Duty - Medical Surgical Unit

Shasta Regional Medical Center – Redding, CA

3/6/2018 to 9/8/2022

Registered Nurse Medical Surgical/Telemetry

Kindred Hospital San Gabriel Valley – West Covina, CA

5/19/2017 to 12/19/2017

Registered Nurse, Cardiac Telemetry

Desert Regional Medical Center, Palm Springs, CA

7/2009 to 3/2011

Registered Nurse, Medical Surgical/Telemetry

Oak Valley Hospital District, Oakdale, CA

7/2007 to 7/2009

Registered Nurse, Intermediate Care Unit

Saint Rose Dominican Hospital, Henderson, NV

10/2006-04/2007

HOME HEALTH EXPERIENCE**RN Home Health/Community Liaison**

Vanura Home Health Services, Inc. – Rancho Cucamonga, CA

1/3/2017 to 5/5/2017

Home Health Travel Nurse via Procare USA

7/18/2016 to 9/2/2016

Kaiser Permanente Home Care – Harbor City, CA

Director of Nursing – Home Health Services

Advanced Home Care Services, Inc. – Pomona, CA

12/28/2015 to 2/19/2016

Home Health RN Case Manager

Amedisys, Inc. – Pleasant Hill and Hayward, CA

4/13/2015 to 7/3/2015

NURSING EDUCATION EXPERIENCE**Vocational Nursing Instructor**

Concorde Career Colleges - San Bernardino, CA

4/11/2011 to 8/3/2012

RN EXPERIENCE IN THE PHILIPPINES

- Medical Surgical and ICU - Saint Dominic Medical Center (April 2006 to July 2006)
- Coronary Care Unit (CCU) - Saint Luke's Medical Center (August 2004 to October 2005)
- Medical Surgical - Medical Center Imus (July 2002 to July 2003)

CERTIFICATIONS HELD

- American Heart Association Basic Life Support (BLS)
- American Heart Association Advanced Cardiac Life Support (ACLS)
- American Heart Association Pediatric Advanced Life Support (PALS)
- NIH (National Institute of Health) Stroke Certification
- DOT-Certified Medical Examiner, National Registry of Certified Medical Examiners

PROFESSIONAL AFFILIATIONS / MEMBERSHIPS

- American Association of Nurse Practitioners (AANP)